

Shavings

Laurieton Men's Shed

Shed Phone 5519 8019

Vision Statement: The Laurieton Men's Shed aims to be the venue of choice for men of all ages in the local community; to share their interests, skills and ideals in a spirit of mateship and a place to benefit their health through participation in a variety of activities with a sense of belonging.

Happenings Around Your Shed.

AMSA Grant

Federal MP, David Gillespie, visited the shed on 20th March to announce a grant for the purchase of instant hot water systems to be installed in the shed kitchens. No more filling urns or waiting for the kettle to boil.



The grant application was prepared by Declan Power and Richard Curry. David was also keen to discuss local issues with shed members.

Storm Damaged Shed Replacement

The replacement for the shed which was damaged by the storm before Christmas has arrived and is under construction.



Bedford Truck Restoration

Good progress has been made on the truck recently.



A beautiful job on the steering wheel by Les Gould.

Coming Events

Raffles outside Coles Laurieton - Thursday 4th, and 18th April.

Volunteers required to sell tickets.

Monthly General Meeting: 1:00pm Tuesday 16th April.

Lunch will be available BEFORE the meeting from 11:45am \$2 per serve. After the meeting, hang around for a social P&C afternoon which may include pool, cards, chatting with fellow members over a few drinks.

Riverwalk Markets - Sunday 21st April.

Starts 8:00am and finishes around 12:00 midday. This is usually the busiest market of the year with many visitors to the area over the Easter weekend.

Monster Garage Sale - Saturday 27th April.

If you have any good stuff you no longer need, why not donate it to the shed for sale. Come along and find a bargain for yourself. Tell all your friends about it.

Port Macquarie Ironman - Sunday 5th May.

Let John Denyer know if you're available to help.

Other News

Ageing Drivers.

You might not want to admit it, but driving skills usually decline as we get older. You are probably aware that additional assessment is required at certain ages. The specific requirements vary according to your age and the class of license. Local Driver Assessor, Nils Hoff, gave a very informative presentation at a recent Men's Shed meeting covering recent road rule changes, common problems affecting older drivers, and assessment requirements and options. The assessments can be done by Roads & Maritime Services (RMS), but there is also another option... to be assessed by an accredited Driver Assessor. If you're due for an assessment soon, or just want to update your knowledge of road rules and refine your driving skills, contact Nils on 0427 595 548 to discuss your options.

Charles Williams visits Grenfell Men's Shed.

Regular readers will be familiar with Charles Williams' reports of other Men's Sheds discovered during his travels around the country.



The Grenfell men's shed comprises around 30 members & they have the use of the disused parcel/freight shed attached to the equally disused railway station. This all takes place on ex railway land of which they have free use including power paid by the local council.

Like our shed they have a variety of machines including a quality metal lathe which 'turns' out good timber items. At the time we visited they took delivery of a new dust extractor, paid for by a grant.

The rail carriage in the photo is their meeting/lunch room, as in it's previous life it was the dining car that ran from here feeding all the travellers and still does a great job, as I had a cup of coffee with them.

In a similar way to ours they also have a couple of toilets and a shower on site, although I doubt the shower has had any bodies enjoy it's flow recently as it has holes in the floor. So that's it from Charles Williams.

For a Laugh.

PONDEROSA

- * Why are a wise man and a wise guy opposites?
- * I thought about how mothers feed their babies with tiny little spoons and forks so I wondered if Chinese mothers use toothpicks?
- * Isn't making a smoking section in a restaurant like making a peeing section in a swimming pool?

SENIOR'S STICKERS

I DON'T EXERCISE!
It makes my coffee spill.



www.cafepress.com/GeezerShop

THIS COULD BE US SOMEDAY

Hospital Rules

Hospital regulations require a wheel chair for patients being discharged. However, while working as a student nurse, I found one elderly gentleman already dressed and sitting on the bed with a suitcase at his feet, who insisted he didn't need my help to leave the hospital.

After a chat about rules being rules, he reluctantly let me wheel him to the elevator.

On the way down I asked him if his wife was meeting him.

'I don't know,' he said. 'She's still upstairs in the bathroom changing out of her hospital gown.'

My daughter went to a Mexican fast food and ordered a taco. She asked the person behind the counter for 'minimal lettuce.' He said he was sorry, but they only had iceberg lettuce.

Automotive Ideas from the past:



USE CAR'S EXHAUST TO CLEAN CUSHIONS

Using the exhaust gas of the automobile to clean the upholstery is the accomplishment of a recently invented device. An aluminum attachment is fastened to the exhaust pipe and the engine is allowed to idle. As the exhaust gas passes through this device suction is created at the inlet hole. Collected by a nozzle, the dust and dirt are drawn through the hose and expelled into the air at the rear of the car. It is made in three models, for cars of different size.

With the car's engine idling, gas from the exhaust creates a vacuum that cleans the cushions

